

LOVE OF CULTURE

# All guest bests at a glance

- 1 The wine cellar-lined roads around Retz
- Start & finish: Retz

Always follow the wine. This is the motto of the 5 tracks around Retz. Here, wine lives in the wine cellar lanes with their historic press houses and invites cyclists to raise a glass: To their voyages of discovery in Austria's largest wine-growing region, to the „villages without chimneys“ and to life.

As the motto of the Weinviertel is „enjoyable serenity“, leisure cyclists are in good hands here. There are numerous circular routes of varying lengths through the hilly landscape, without any steep climbs - through vineyards, fields and tranquil wine cellar lanes.

At the end of the tour, there is no better way to relax than with a Heuriger snack and, of course, a glass of wine or grape juice.

**MUST-SEES ALONG THE ROUTE**

- 1 Wine cellar lanes Maulsauer, Zellerndorf
- 2 Retz adventure wine cellar
- 3 Cult place at the holy stone, Mitterretzbach
- 4 Retz windmill

**MORE TIPS**



**TOUR FACTS**

**REBLAUS-EXPRESS CYCLE TOUR**

- 50 km
- 3:00 h
- 249 egm

**WEINVIERTEL DAC CYCLE TOUR**

- 56 km
- 3:45 h
- 506 egm

**WEINVIERTEL KELLER-GASSEN CYCLE TOUR**

- 52 km
- 3:30 h
- 414 egm

**WINE AND CULTURE CYCLE TOUR**

- 56 km
- 3:15 h
- 629 egm

**IRON CURTAIN TRAIL STAGE 7 RETZ - LAA**

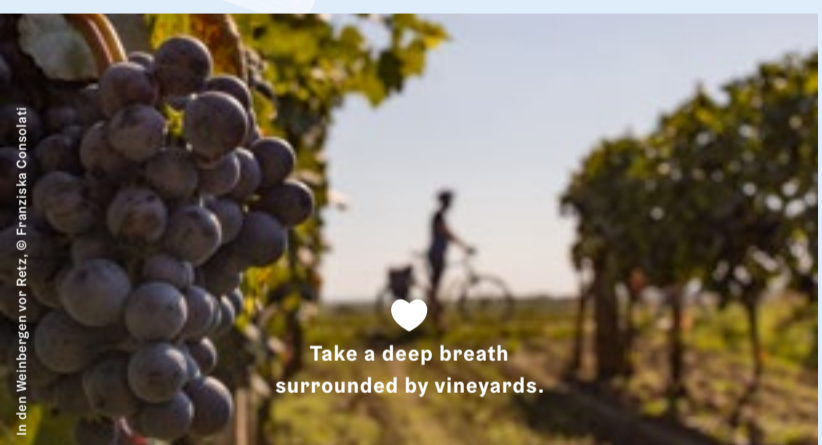
- 50 km
- 3:00 h
- 111 egm

The tracks can be ideally combined with a stay of 2-3 days.



**LOCAL HERO**

We offer a wide range of culinary delights for cyclists. For gourmets, for example, there is the Weinviertler Radlerpicknick.



Take a deep breath surrounded by vineyards.

RECHARGE YOUR BATTERIES

# Cycling with all the water

- 2 Ybbstal Cycle Path
- Start: Ybbs a. d. Donau | Finish: Lunz am See
- 2a Erlaufstal Cycle Path
- Start: Pöchlarn | Finish: Lunz am See

When it rushes, bubbles and splashes, you are on the right track. On the Ybbstal and Erlaufstal cycle routes, all roads lead to the water. The paths, forest tracks and roads often run alongside the Ybbs and Erlauf rivers. This means that this cycle tour is full of water delights. Rivers, streams and lakes invite you to take a refreshing dip and recharge your batteries. You cycle from one water spot to the next - including wonderful swimming and Kneipp sites.

At Lake Lunz, visit Fanny and Christian Metzger at the Lunzerhütte for views of the mountains. A cultural highlight is the Schmiedemeile near Ybbsitz. Here, blacksmith Sepp Eybl explains the role of waterpower in traditional blacksmithing.



**LOCAL HERO**

Lunz is a place of peace with a special appeal. Here you can slow down and recharge your batteries.

**MORE TIPS**



Food tip Have an ice cream at the Reschinsky ice cream parlour in Scheibbs

**MUST-SEES ALONG THE ROUTE**

- 1 Hollenstein lido in Opponitz
- 2 Seaside resort Lunz
- 3 Rothschild Castle, Waidhofen a. d. Ybbs

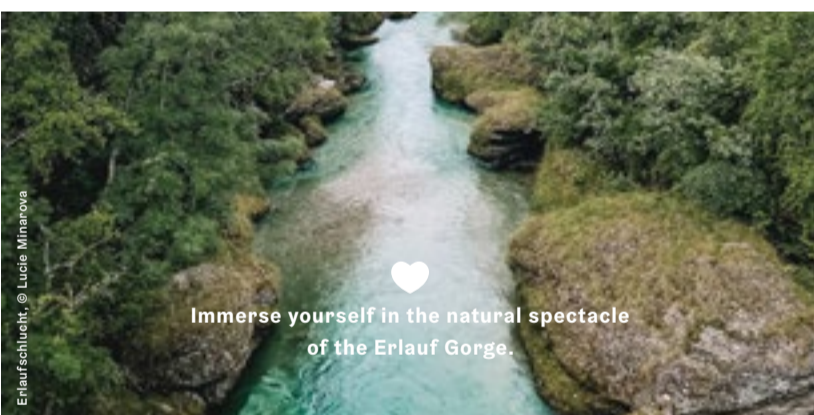
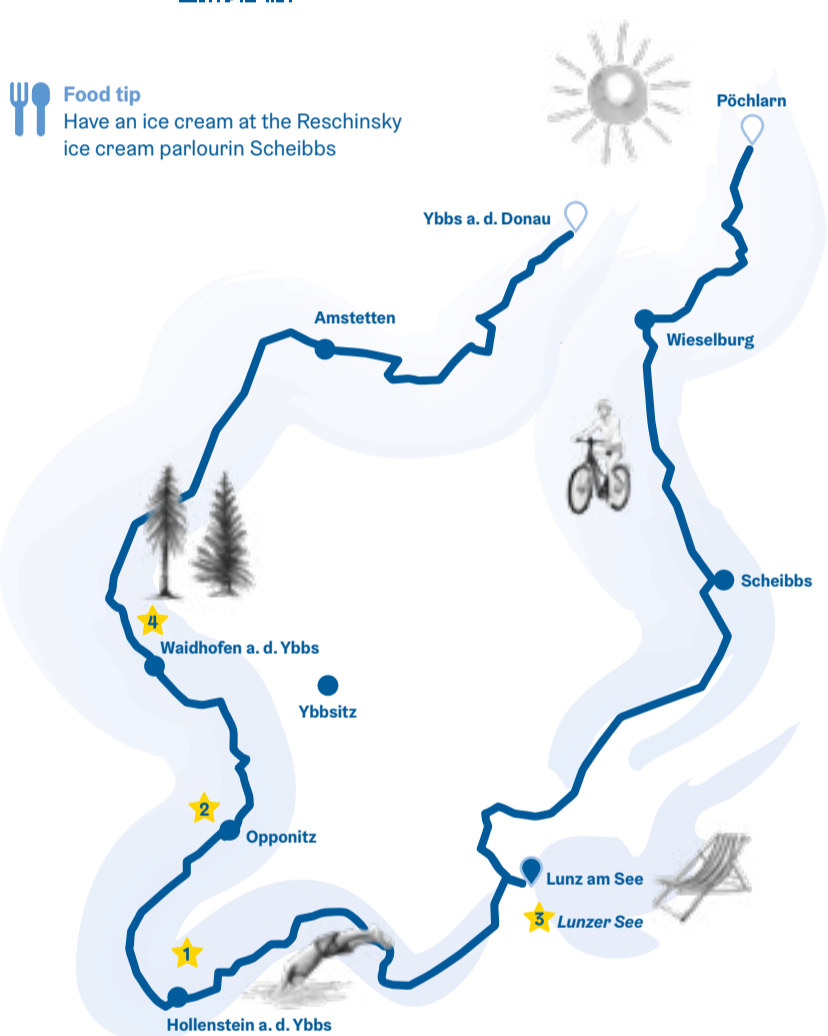
**TOUR FACTS**

**YBBSTAL CYCLE TOUR**

- 108 km
- 7:00 h
- 545 egm

**ERLAUFSTAL CYCLE TOUR**

- 59 km
- 4:20 h
- 495 egm



Immerse yourself in the natural spectacle of the Erlauf Gorge.

FULL POWER

# Fill up on energy, please!

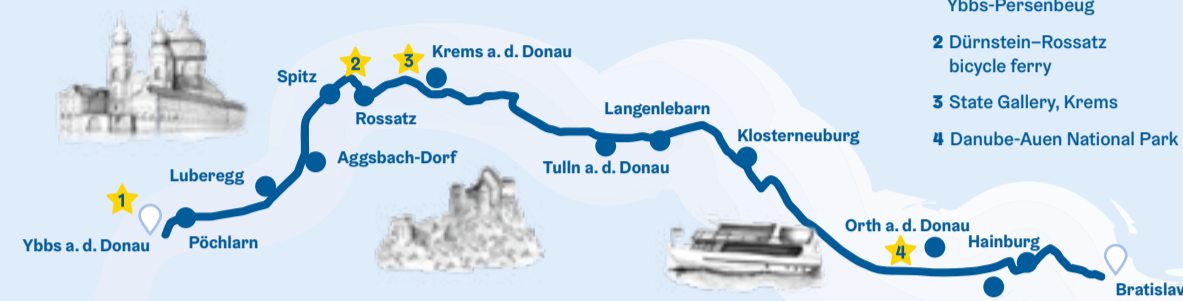
- 3 EuroVelo 6 Danube cycle path
- Start: Ybbs a. d. Donau | Finish: Bratislava

Austria's longest river supplies power stations, but cyclists can also recharge their batteries on the Danube cycle path. This is probably due to the proximity of the water, which provides peace and tranquillity. Cycle along the Danube and EuroVelo 6 through the UNESCO World Heritage Site of the Wachau. Passages along the river alternate with forest and meadow paths, vineyards, moors and tranquil villages.



**LOCAL HERO**

The Danube cycle path is a wonderful place to drift along. And then there is the beauty of the Wachau region to help you relax.



Food tip Harvest your own herbs with secateurs: Donaугartl Floh, Langenlebarn

**MUST-SEES ALONG THE ROUTE**

- 1 Visit the power station Ybbs-Persenbeug
- 2 Dürnstein-Rossatz bicycle ferry
- 3 State Gallery, Krems
- 4 Danube-Auen National Park

**TOUR FACTS**

**EUROVELO 6 DANUBE CYCLE ROUTE YBBS - BRATISLAVA**

- 210 km
- 14:30 h
- 325 egm

**MORE TIPS**



IMMERSE YOURSELF IN NATURE AND HISTORY

# Gathering borderline experiences

- 4 EuroVelo 13 Iron Curtain Trail
- Start: Gmünd | Finish: Retz

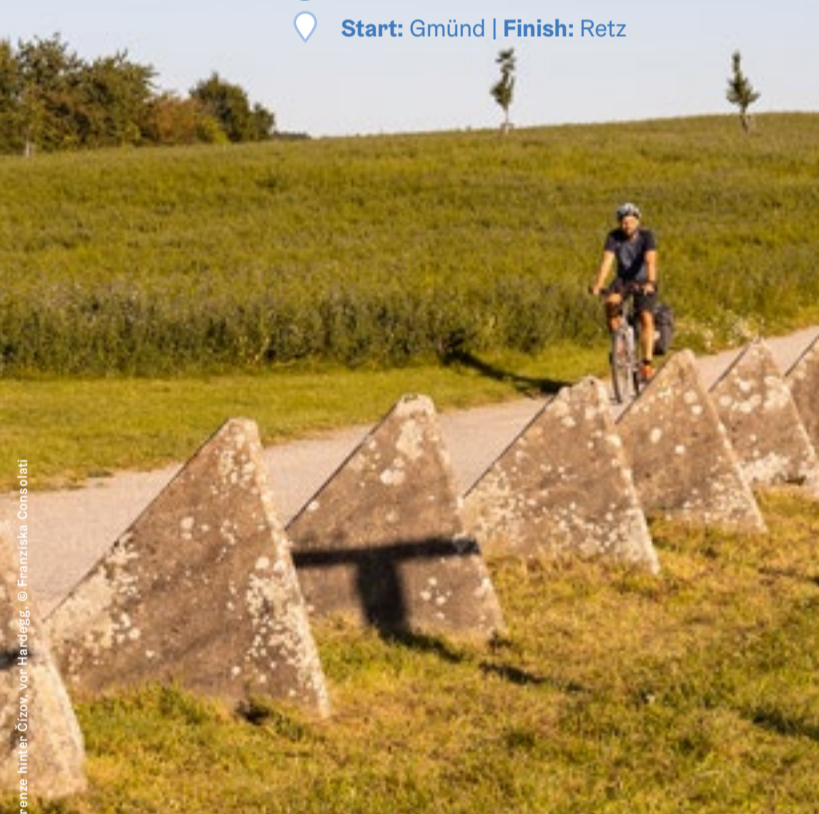
Detours increase local knowledge. As a storyteller, the Iron Curtain Trail will enhance your knowledge of history. This tour takes you along relics of the past. Old armoured roads, border fences, historic bunkers and remnants of the Iron Curtain line the route.

You will cycle through forests, high moors and rolling hills, experiencing at first hand how nature and history come together. A frontier experience that gives you a glimpse of the world before the unification of Europe. And make some people more grateful for the freedoms we enjoy today.



**LOCAL HERO**

The Schrammel.Klang.Festival is a must-see. A festival with a feel-good character. Playing here is something very special for me.



The Iron Curtain Trail is ideal for a tour of several days that goes all the way to Bratislava.

**TOUR FACTS**

**EUROVELO 13 IRON CURTAIN TRAIL**

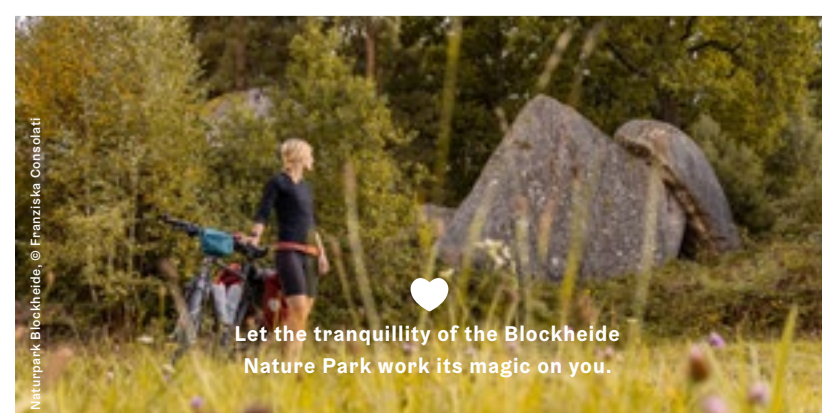
- 107,51 km
- 7:00 h
- 548 egm

**MORE TIPS**



**MUST-SEES ALONG THE ROUTE**

- 1 Hermensee, Litschau
- 2 Remains of the Iron Curtain on the border with Slovakia (CZ)
- 3 Drosendorf, medieval town
- 4 Thayatal National Park, Hardegg



Let the tranquility of the Blockheide Nature Park work its magic on you.

ACTION & FREEDOM

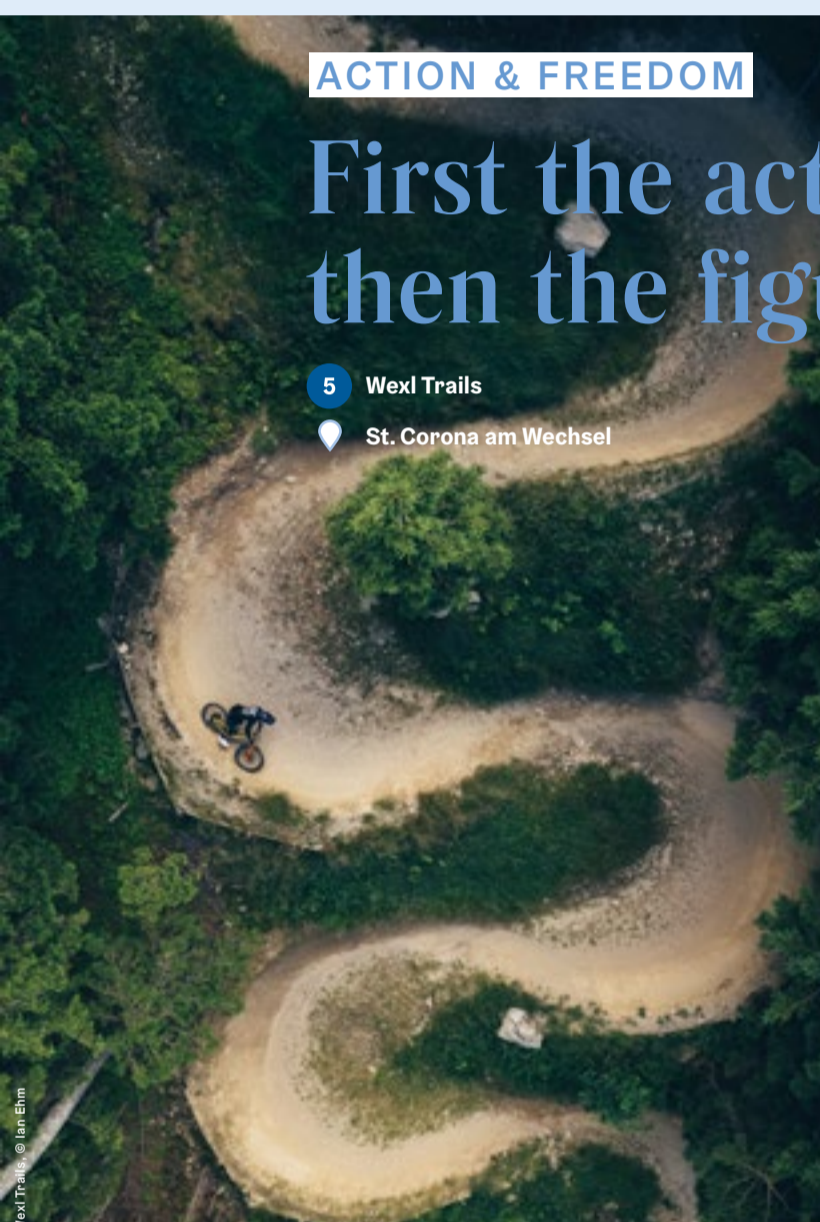
# First the action, then the figure

- 5 Wexl Trails
- St. Corona am Wechsel

Headwinds build character, as the Austrian saying goes. Anyone looking for action and fun should check out the Wexl Trails in St. Corona. Here you can feel the wind in your face with fast downhill runs in steep terrain, single and flow trails and jump lines. Adrenaline rushes guaranteed. For those who prefer a more leisurely pace, the Wexl Trails Trail Park has plenty to offer. From panoramic trails in the high alpine meadows to sweeping downhill.

**MUST-SEES ALONG THE ROUTE**

- 1 Stand up paddling on the mountain reservoir pond on the Wechsel
- 2 Summer tobogganing, Wexl Arena
- 3 Bull rodeo at the Ramsenwirt, Kirchberg am Wechsel
- 4 Glampingpark Mönchbächen



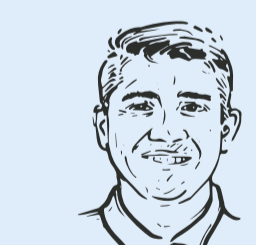
INSPIRATION

# Experience artistic intelligence

- 6 Monastery Imperial Artist Tour
- Start & finish: Thallern/Gumpoldskirchen

The best of nature and culture awaits you in the Vienna Woods. A local recreation area on the outskirts of Vienna, the Vienna Woods have been home to monasteries, the imperial family and artists for many centuries.

The 60-kilometre route takes you from abbeys and monasteries to Gothic bridges, Baroque frescoes and many contemporary art hotspots. The route passes through the shady woodlands of the Vienna Woods, which look like something out of a Monet painting. There are plenty of opportunities to stop off at wine taverns called Heuriger. A total work of art for cyclists with an affinity for art and culture.



**LOCAL HERO**

Baden is a cultural hotspot. Visitors want to follow in the footsteps of the great artists.

Food tip Try the monastery cream slice with wild berry topping and vanilla sauce at Klostergasthof Heiligenkreuz

**TOUR FACTS**

**MONASTERY IMPERIAL ARTIST TOUR**

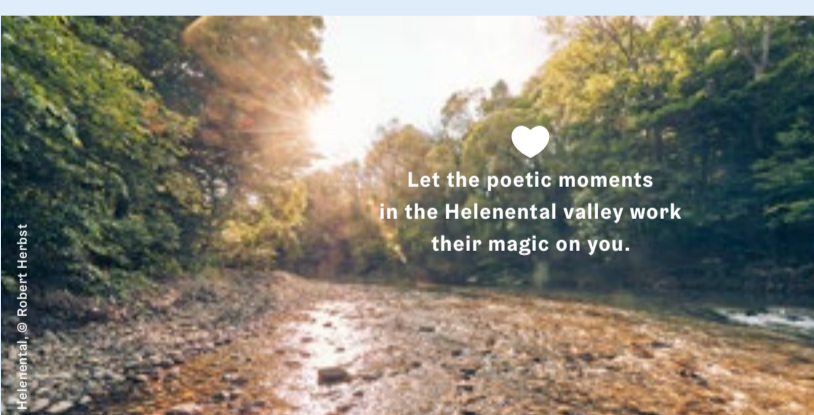
- 60 km
- 5:15 h
- 599 egm

**MORE TIPS**



**MUST-SEES ALONG THE ROUTE**

- 1 Thallern estate
- 2 Beethoven House Baden
- 3 Liechtenstein Castle
- 4 Carmel Mayerling



Let the poetic moments in the Helenental valley work their magic on you.

# UNFORGETTABLE cycling experiences

... await you in Lower Austria. It's great that you want to discover our regions by bike. With this map you're ready to go—from one favourite spot to the next. Whether it be along the Danube, to historic sites, through the vineyards or along the Wexl Trails: Be inspired by the discovery tours and must-sees, excursion destinations and culinary highlights along the way. Get to know local heroes, old crafts and our wine taverns called Heuriger and experience first-hand why Lower Austria, in all its colourful diversity, is THE cycling state in the heart of Europe.

In addition to inspiration and suggestions for taking a deep breath and pausing for thought, you will also find tour recommendations for different „time budgets“. We wish you many happy hours on your bike!

YOUR TEAM AT NIEDERÖSTERREICH-WERBUNG

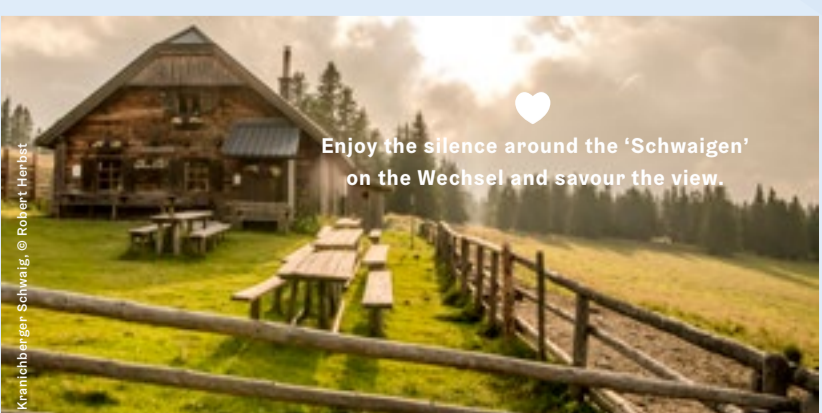


# Cycling experience Lower Austria

Tour tips & overview map LOWER-AUSTRIA.INFO/BICYCLING



LOWER-AUSTRIA Simply refreshing



Enjoy the silence around the 'Schwajnen' on the Wechsel and savour the view.



## ON THE TRAIL OF NATURE Gravel biking

Lower Austria has a lot to offer gravel bikers. The varied network of gravel tracks, forest paths and quiet asphalt roads provide the perfect conditions for gravel biking. Here it is easy to immerse yourself in the landscape on a variety of terrains. Explore remote routes and get to know the country and its people. The gravel routes take you through an incredibly varied landscape, from the imposing mountainous Ottscherland to the enchanted forests of the Waldviertel and the lovely vineyards of the Weinviertel. There are plenty of places to stop for refreshments along the way.

### GRAVELBIKE HIGHLIGHT TOURS

- 7 Ötscherland Tour**  
83 km • 5:30 h • 1.187 egm  
Round tour with start/finish at Scheibbs train station  
House of Wilderness, Gaming Charterhouse, insight into the rugged nature of the Ötschergraben  
Stop off at the Schlosstaverne
- 8 Thayatal National Park Tour**  
47 km • 4:40 h • 645 egm  
Round tour with start/finish in Retz  
Suspension bridge at Neum Mühlen, Hardegg (the smallest town in Austria)  
Stop off at Pollak's Retzbacherhof
- 9 Laabental Tour**  
48 km • 4:45 h • 682 egm  
Round tour with start/finish in Neulengbach  
Buchberg observatory  
Stop off at Gasthaus Mayer (stage inn)

All gravel bike tours

## Mountain biking

STEEP CLIMBS—  
FLOWING DESCENTS



No mercy for your calves. Hills, forests, granite landscapes, mountain trails and much more: The mountain bike trail network in Lower Austria's six regions covers more than 5,000 kilometres for all levels of ability.

All mountain bike tours



**Explanation of symbols**


**HOLIDAY COUNTRY AUSTRIA**  
Provide feedback and win!  
Find the survey here:  
[www.niederosterreich.at/befragung](http://www.niederosterreich.at/befragung)

## 1 TO 2 HOUR TOURS

Just get outside for a moment

- 10 Feistriztal cycle path**  
18 km • 1:30 h • 296 egm  
EuroVelo 9 section—Aspang/Wanghof to Trattenbach  
From Wc. Neustadt to Aspang  
with EuroVelo 9 Themenradweg, MTB-Bikepark Weix Trails or Semmering  
Naturhotel Molzbachhof
- 11 Small Ybbstal cycle path**  
11 km • 0:30 h • 282 egm  
Waidhofen to Ybbitz  
Train from Amstetten to Waidhofen an der Ybbs  
with Ybbstal and Erlaufthal cycle paths  
FeRRun—World of iron
- 12 Helenental cycle path**  
12 km • 0:50 h • 97 egm  
Baden near Vienna to Alland  
Vienna Badener Bahn and ÖBB  
with EuroVelo 9 Themenradweg  
La Gacilly Baden Festival (June—October)

## HALF-DAY TOURS

For pleasure cyclists

- 14 Triesting-Gölsental cycle path**  
63 km • 4:30 h • 443 egm  
Schönau an der Triesting to Traisen  
Western Railway Line St. Pölten and Traisentalbahn  
with EV 9 Themen-cycle path, Traisental-cycle path & Vienna Woods cycle tour  
Altenmarkt-Thenneberg cultural station
- 15 Romans Tour**  
63 km • 2:30 h • 112 egm  
Round trip starting from Bruck an der Leitha  
ÖBB S60: Bruck/Leitha; S7: Petronell-Carnuntum, Bad Deutsch-Altenburg  
with EuroVelo 6 Danube cycle route  
Roman city of Carnuntum
- 16 Pielachtal cycle path**  
57 km • 4:00 h • 190 egm  
Leitha to Loich station, Dobersing district  
Mariazellbahn; end of the cycle path is Loich station  
with EuroVelo 6 Danube Cycle Route  
Cornelian cherry specialties, Melk Abbey

## DAY TOURS

Pure pedal power

- 17 Thaya round**  
101 km • 8:00 h • 519 egm  
Any starting point, e.g. Göpfritz an der Wild  
Franz-Josef-Bahn (REX41 line)  
Wien—Göpfritz (tour to Raabs) or Schwarzenau  
with EuroVelo 13 Iron Curtain Trail, Kamp-Thaya-March cycle route  
Thayatal Vitalbad
- 18 Piestingtal cycle path**  
78 km • 6:00 h • 930 egm  
Markt Piesting or Sollenau to Gutenstein or Rohr im Gebirge  
Southern Line Vienna—Wiener Neustadt or Sollenau; Piestingtalbahn  
Wohnwagen Hotel Gutenstein
- 19 Traisental cycle path**  
107 km • 7:30 h • 959 egm  
Traismauer to Mariazell  
Radtramper bus (line 696), Mariazellerbahn, Traisentalbahn, Tullnerfeldbahn, Westbahn Line  
with Vienna Woods cycle tour, EuroVelo 6 Danube cycle route  
Seedose at Viehpfner See

## MULTI-DAY TOURS

For kilometer collectors

- 20 Kamp-Thaya-March cycle route**  
423 km • 35:00 h • 2.760 egm  
Krems an der Donau to Stopfenreuth  
Franz-Josef-Bahn and Kemptalbahn, Westbahn Line, Nordwestbahn, Laas Ostbahn, Nordbahn, Marchegger Ostbahn, airport S-Bahn to Laibach  
Fjordland Kampezen
- 21 EuroVelo 9**  
227 km • 35:00 h • 1.258 egm  
Břeclav—Vienna—Münchirkirchen  
Aspangbahn, Nordbahn, Laas Ostbahn  
Casemates Wiener Neustadt
- 22 Vienna Woods cycle tour**  
215 km • 14:48 h • 656 egm  
Vienna—Tulln—St.Pölten—Kumburg—Baden—Vienna  
Trains from/to Vienna Central Station  
Garden City Tulln

## ECOTRAVEL: BIKE, BUS & TRAIN

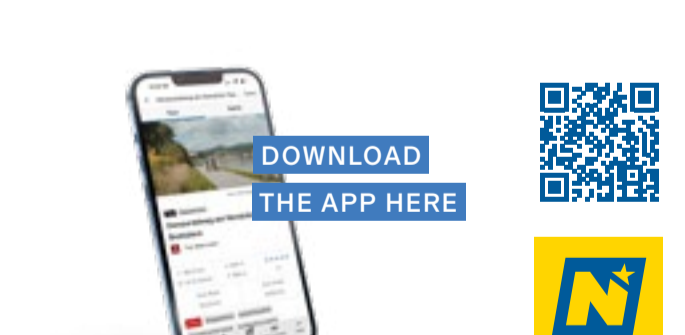
# Sustainable travel

From the train station straight to the cycle path: environmentally conscious cyclists can easily travel to Lower Austria by train. If you want to give your calves a rest, you can take public transport for parts of the way. Your bike travels free of charge on the Waldviertelbahn, Wachaubahn, Mariazellerbahn and Reblaus-Express. Bicycles can also be carried free of charge on many Niederösterreichbahn trains if booked in advance. In the Traisental, Thayatal and Ybbstal valleys there are buses (bus routes 692, 768 and 656) along the cycle paths. The Ybbstal bike taxi will also take you and your bike to your destination in comfort.



- ### TIPS & HINTS
- If you book the Radtramper in advance, you will be allocated one of the 20 bicycle parking spaces.
  - Please note that bicycles with attachments or trailers cannot be transported on the Radtramper buses.
  - Stay on the marked paths and you will reach your destination easily.
  - Enjoy nature—as responsibly as possible and without leaving a trace, so that other nature lovers can also enjoy the landscape.
  - Please ride in such a way that you are in control of your bike at all times and show consideration for the animals.
  - Please respect protected areas and private land and stay on marked trails.

## OUR Travel guide



- The best tips for your cycling holiday or excursion in Lower Austria.
- The Lower Austria App as a practical guide and tipster—also on the spot!
- Interactive tour planner with all cycle routes in Lower Austria
- Tips for an environmentally friendly trip
- Our top addresses for your cycling holiday or cycling tour

Are you planning a cycling holiday or tour in Lower Austria? We are happy to help you: Tel +43 (0)2742/9000-9000, [info@noe.at](mailto:info@noe.at)